

Directions:

Central Avenue is an incomplete loop. The south end intersects with 55th St. If you approach from this end, the blocks are irregularly numbered, so just keep going on the loop until you arrive at 5757 on the north side of the loop. The facade of the building is small brown stones, with several Pine trees in front of the building.

From Denver or south Boulder, take highway 36 to Foothills Parkway (157 N). Take 157 to Arapahoe, go east on Arapahoe to 55th and north on 55th to Central. Turn right on central and follow the instructions above.

The northern end of the loop ends on Flatirons Parkway and is close to the office. From central Boulder, take Pearl east to 55th. Turn right onto 55th. Your next stoplight is Flatirons Parkway. Turn left on Flatirons and go to Central, turn left on Central.

From Lyons, Estes Park, or Allenspark, take 36 to Jay Road. Go east on Jay Rd, South on 47th, E. on Valmont, rt (S.) on 55th, L. on Flatirons, and L. on Central.

Restrooms are located on the first floor on the South side of the building and the second floor on the North side of the building.

My office is ste. 210. From the street side entrance, go up the stairs, turn right, and go to the waiting area.

For first time patients, a chart will be waiting for you to fill out.

**From the back entrance, go up the stairs. There are two long corridors. Take the leftmost one until you get to the end. Turn left and have a seat in the waiting area. For first time patients, a chart will be waiting for you to fill out.